

## **New Guidelines for Coronavirus Containment**

Please note that late this afternoon President Trump and public officials offered additional guidance to contain and curtail the COVID-19 epidemic, among them:

- Avoid social gatherings in groups of more than 10 people.
- If you feel sick, stay home. Do not go to work. Contact your medical provider.
- If someone in your household has tested positive for the coronavirus, keep the entire household at home. Do not go to work. Do not go to school. Contact your medical provider.
- If you are an older person, stay home and away from other people.
- If you are a person with a serious underlying health condition that can put you at increased risk (for example, a condition that impairs your lung or heart function or weakens your immune system), stay home and away from other people.
- Avoid eating or drinking at bars, restaurants, and food courts – use drive-thru, pickup or delivery options.
- Avoid discretionary travel, shopping trips or social visits.
- Practice good hygiene:
  - Wash your hands, especially after touching any frequently used item or surface.
  - Avoid touching your face.
  - Sneeze or cough into a tissue, or the inside of your elbow.
  - Disinfect frequently used items and surfaces as much as possible.

Please continue to monitor the Franklin Pierce website for additional information and communications.