

The background of the entire page is a close-up, high-resolution photograph of dark red feathers. The feathers are layered and have a fine, textured appearance with visible barbs. The lighting is soft, creating subtle gradients of red and some highlights on the feather surfaces.

DIVISION OF STUDENT AFFAIRS

SPRING 2025
CALENDAR OF
ACTIVITIES



FranklinPierce
UNIVERSITY

SUPER BOWL

WATCH PARTY & PRE-GAME BHM TRIVIA



Don't miss this epic Super Bowl Watch Party! Enjoy game food and beverages. Compete in a pre-game Black History Month trivia and you may win great prizes.



SUN. FEB. 9
6:00 - 9:00 pm
Spagnulo Hall

Dean of Students Office and
Office of Diversity & Inclusion

BLACK LIVES MATTER

#GiveToReceive in celebration of BLACK HISTORY MONTH

Give what you can and receive a **Black Lives Matters** tee. All donations will be used for the FPU Student Hardship Fund.

Tue. Feb. 18 - Fri. Feb. 21
11:30 am - 1:30 pm
Pioneer Lounge

Dean of Students Office and
Office of Diversity & Inclusion

THURSDAY TRIVIA with FPU ACADEMIC CENTERS

Zoom in and enjoy trivia hosted
by your Dean of Students!
Have a fun! Win great prizes.



Grab, Show & Tell Thu. Jan. 30 8:00pm
Raven Nation Trivia Thu. Feb. 20 8:00pm
The Prize Is Right Thu. Mar. 20 8:00pm
Name That Candy Thu. Apr. 24 8:00pm
FPU Word Scramble Thu. May 22 8:00pm



Zoom ID: 419 3097207
PW: DOS

SGA Student Government Association

Meeting Times

6:30 - 7:30pm • Marcucella 102

Wed. Jan. 23
Wed. Jan. 29
Wed. Feb. 5
Wed. Feb. 12
Wed. Feb. 19
Wed. Feb. 26

Wed. Mar. 5
Wed. Mar. 12
Wed. Mar. 26
Wed. Apr. 2
Wed. Apr. 9

All are welcome to join the executive board,
class officers and clubs at our weekly forum.

SGA Banquet
Wed. Apr. 16
6:30 - 7:30pm
Lakeside Education Center

Spring 2025 Calendar of Activities

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MAKING YOUR CONNECTION



FranklinPierce
UNIVERSITY

franklinpierce.edu/orientation

JANUARY
2025




STUDENT ORIENTATION SCHEDULE



Move-In Day: Tuesday, January 21

| TIME | ACTIVITY | LOCATION |
|------------------|--|--------------------------------------|
| 8:30 a.m. | RESIDENTIAL STUDENT ARRIVAL & MOVE-IN <ul style="list-style-type: none"> Orientation Schedule and Map Pickup for New Students & Families Health Services Student ID Photos & Vehicle Registration Residential Life Key Pickup | Residential Life, New Hampshire Hall |
| 11 a.m. | COMMUTER STUDENT ARRIVAL <ul style="list-style-type: none"> Orientation Schedule and Map Pickup for New Students & Families Health Services Student ID Photos & Vehicle Registration | Residential Life, New Hampshire Hall |
| 12:15 p.m. | Parent/Family/Student Goodbyes Please take a few minutes for goodbyes and parental insight prior to our Orientation Program. | Pioneer Lounge, Campus Center |
| 12:30 p.m. | Welcome from Doug Carty, Director of Student Engagement and Raven Recreation Assignment of Post Office boxes and keys | Pioneer Lounge, Campus Center |
| 12:45 p.m. | Lunch with Dean of Students and Vice President of Student Affairs Dr. Zaayah Waite | Marketplace Cafe, Campus Center |
| 1:30 - 3:30 p.m. | Walking tour of student services and classroom buildings Areas toured: Peterson Manor, Student Success Center, Career Services, Information Technology, DiPietro Library, Library Café, Northfields Activity Center (The Bubble), Residential Life and Counseling offices. Connect with professional staff in their respective office spaces. For those that require it: course registration or schedule changes in the Associate Provost's Office in Peterson Manor. | |

WELCOME TO RAVEN NATION!

Map Key

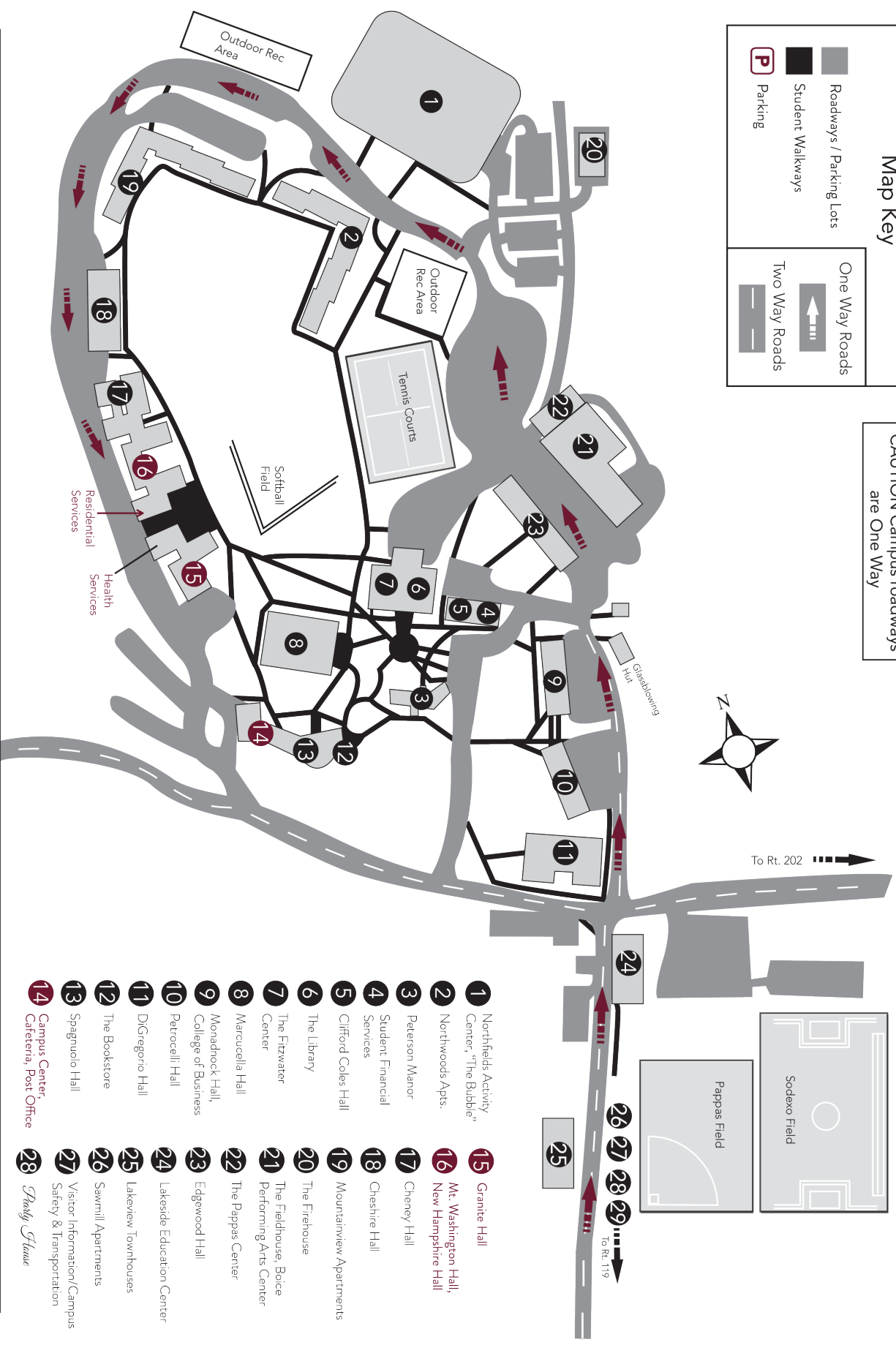
| | |
|---|-------------------------|
|  | Roadways / Parking Lots |
|  | Student Walkways |
|  | Parking |

| | |
|---|---------------|
|  | One Way Roads |
|  | Two Way Roads |

***CAUTION** Campus roadways
are One Way



To Rt. 202 



- | | | | |
|----|---|----|--|
| 1 | Northfields Activity Center, "The Bubble" | 15 | Granite Hall |
| 2 | Northwoods Apts. | 16 | Mt. Washington Hall, New Hampshire Hall |
| 3 | Peterson Manor | 17 | Cheney Hall |
| 4 | Student Financial Services | 18 | Cheshire Hall |
| 5 | Clifford Coles Hall | 19 | Mountainview Apartments |
| 6 | The Library | 20 | The Firehouse |
| 7 | The Fitzwater Center | 21 | The Fieldhouse, Boice Performing Arts Center |
| 8 | Marcusella Hall | 22 | The Pappas Center |
| 9 | Moradnock Hall, College of Business | 23 | Edgewood Hall |
| 10 | Petrocelli Hall | 24 | Lakeside Education Center |
| 11 | D'Gregorio Hall | 25 | Lakeview Townhouses |
| 12 | The Bookstore | 26 | Sawmill Apartments |
| 13 | Spagnuolo Hall | 27 | Visitor Information/Campus Safety & Transportation |
| 14 | Campus Center, Cafeteria, Post Office | 28 | Shady Side |

Locations of Franklin Pierce University Academic Centers



Franklin Pierce University at Manchester, NH is located at the Jefferson Mill building, which has been awarded the Manchester Historic Preservation Award. Jefferson Mill is a 4-story brick mill building that was constructed right on the edge of the Merrimack river in 1886. Located on Commercial Street, it is close to the many companies that populate the Millyard and is also not far from businesses located on Elm Street.

670 North Commercial Street, Center Tower, Third Floor, Manchester, NH 03101
(603) 647-3500
<https://franklinpierce.edu/about/locations/manchester.html>



Franklin Pierce University at West Lebanon, NH is located only a few miles away from several major hospitals where hands-on clinical work and observations can be accomplished. Lebanon, NH, part of the Upper Valley, is the scene of great foliage, dozens of festivals and special events, from the Quechee Balloon Festival and Hanover Street Festival in the summertime, to the Christmas Revels, a highlight of the holiday season. Outdoor recreation is a popular aspect in the area with three ski resorts within the area. Food enthusiasts can attend local farmers markets, original maple syrup, comfort food and fine dining options around downtown or surrounding areas.

24 Airport Road, Suite 19, West Lebanon, NH 03784
(603) 298-5549
<https://franklinpierce.edu/about/locations/lebanon.html>



Franklin Pierce University at Goodyear, AZ

In 2008, Franklin Pierce University's Goodyear, Arizona Academic Center became the first private postsecondary education institution in the city. The center is located in a fast-growing suburb and is only half an hour away from internship and career opportunities in Phoenix. The University currently offers a Master of Physician Assistant Studies (MPAS) and Doctor of Physical Therapy (DPT) programs at Goodyear.

14455 West Van Buren Street, Building A, Suite 100, Goodyear, AZ 85338
(623) 518-2386
<https://franklinpierce.edu/about/locations/arizona.html>



Franklin Pierce University at Round Rock, TX

The Texas-based, hybrid 24-month Master of Physician Assistant Studies (MPAS) Program is dedicated to the education and growth of the next generation of physician assistant clinicians through innovative, evidence-based education, professional development, and the best-practice of clinical skills. Our program will develop culturally sensitive clinicians who embrace diversity, equity, and inclusion when caring for patients within their communities.

301 Seton Pkwy, Suite 203, Round Rock, Texas, 78665
512-481-4010
<https://franklinpierce.edu/about/locations/texas.html>



Introduction

Dear FPU Students,

Student Affairs staff have worked hard to present to you this Calendar of Activities – Spring 2025. This booklet provides a detailed schedule of events designed to enhance your campus experience. Make sure to explore the activities that interest you and plan your time accordingly.

Winter and Spring Engagement: There are numerous activities lined up during both the winter and spring seasons. Be sure to take advantage of the opportunities to connect with the campus community, apply for campus job, work-out, serve, or to simply relax and have fun.

Support FPU RavenAthletics: Let's cheer on the FPU RavenAthletics teams. Whether FPU student athletes are on the court, track, field or rink, there's a chance to show school spirit while supporting student-athletes in their competitions.

This is a great opportunity to get involved, stay active, gain new skills and knowledge and build school spirit during the semester!

As your Dean of Students, I am excited to work with you to enhance the student experience at Franklin Pierce University, whether you are on the Rindge campus or at one of our other academic centers. My goal is to support and assist you in any way I can. If you have an idea you'd like to share or are facing an issue that needs attention, please don't hesitate to reach out. You can contact me via email at waitez@franklinpierce.edu, call 603-899-4162, or stop by my office on the 2nd Floor of Peterson Manor.



Notice of Nondiscrimination

Franklin Pierce University does not discriminate on the basis of sex and prohibits sex discrimination in any education program or activity that it operates, as required by Title IX and its regulations, including in admission and employment.

Diversifying the student body, faculty, and administration is congruent with our mission. We value diverse populations and cultures including, but not limited to, ethnicity, gender, gender identity, national origin, neurodiversity, race, and religion. Franklin Pierce University is an EO/AA/Vet/Disability employer. The Department of Education's Office for Civil Rights contact information is available at <https://ocrcas.ed.gov/contact-ocr>

Follow & Review FPU Socials & Links

RAVEN NATION APP

At Franklin Pierce University we use the Raven Nation app as one-stop-shopping for all events, clubs, social media and navigation of both the campus and our services.

App Store



Google Play



Download it to be informed of upcoming events, meet new peers and communicate question to the Raven Nation community. Find the app under "Raven Nation" on both the app store and google play. Once downloaded, use your Franklin Pierce outlook username and password to login.

Questions or technical issues can be reported to

studentengagement@franklinpierce.edu

INSTAGRAM @studentaffairs_fpu



To keep updated about activities, obtain wellness tips and participate in social media trivia coordinated by Student Affairs departments (Campus Safety, Counseling & Outreach Education, Dean of Students Office, Diversity & Inclusion Office, Health Services, Raven Recreation Student Engagement, Wilderness Programs and Residence Life, please follow @studentaffairs_fpu



@STUDENTAFFAIRS_FPU

OTHER FPU SOCIAL MEDIA

- FPU Instagram/Facebook/LinkedIn: @franklinpierceuniversity
- Athletics Instagram: @fpuathletics
- Career Education Instagram: @fpucareereducation
- Alumni Instagram: @franklinpiercealumni

ANNOUNCEMENTS & E-NEWSLETTER TO REVIEW



RAVENGAGE

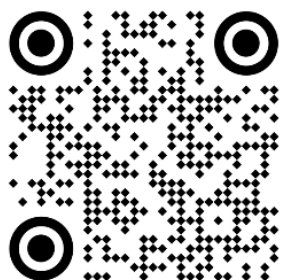
A weekly email sharing important news and happenings for RavenNation to enjoy



ARE YOU SIGNED UP FOR FP ALERTS?

If not, please email csdispatch@franklinpierce.edu with your name, phone number, cel provider, preferred email addresses, and what location (Rindge, Lebanon, Manchester, Goodyear, Round Rock, or online) your primarily work at or attend.

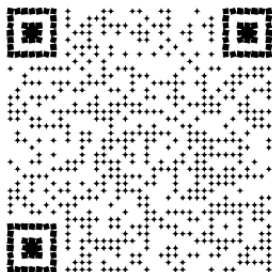
OTHER IMPORTANT LINKS



E-Raven Intranet for Franklin Pierce University:
<http://eraven.franklinpierce.edu/>



2024-2025 Academic Calendar - Undergraduate & Graduate Program <https://franklinpierce.edu/about/calendar.html>



2024-2025 FPU Student Handbook



Podcast

And Everything in Between

Victoria Liverpool



<https://open.spotify.com/show/1vppnOE51rKIR8fj22666T>

Hey babes, welcome to **And Everything in Between!**

I'm Victoria, your host and guide for navigating the beautiful chaos of your 20s. Whether you're building your dream career, figuring out relationships, or just trying to find you, this is your space for self-growth, real talk, and a little fun along the way. This podcast is all about exploring the things that make our 20s a bit overwhelming and yet so exciting like relationships (both romantic and familial), building routines that stick, and finding meaning in the spiritual and everyday. Let's dive into it and everything in between!

| Date | Episode |
|-----------------|---|
| 4 - January 19 | Episode 4. Imposter Syndrome |
| 5 - January 26 | Episode 5. Embracing Uncertainty in your 20s |
| 6 - February 2 | Episode 6. You are an Artist |
| 7 - February 9 | Episode 7. Wellness I'm Into Right Now |
| 8 - February 16 | Episode 8. Love Languages |
| 9 - February 23 | Episode 9. Side Hustles and Passions |
| 10 - March 2 | Episode 10. Creating community in your 20s |
| 11 - March 9 | Episode 11. Morning and Night Routines |
| 12 - March 16 | Episode 12. What happens next? Questions for post grad |
| 13 - March 23 | Episode 13. The power of saying no |
| 14 - March 30 | Episode 14. Affirmations to recenter and boost inner confidence |
| 15 - April 6 | Episode 15. Q1 Review: Being Your Own Boss |
| 16 - April 13 | Episode 16. Dealing with Grief in Your 20s |
| 17 - April 20 | Episode 17. Fitness and Health |
| 18 - April 27 | Episode 18. 25 things I wish I knew before I turned 25 |
| 19 - May 4 | Episode 19. Do I want this job? |
| 20 - May 11 | Episode 20. Being Selfish: To Be Or Not To Be |
| 21 - May 18 | Episode 21. How Do I Spend Time Alone |
| 22 - May 25 | Episode 22. I Release Anything That Is No Longer Serving Me |

Division of Student Affairs

Contact Information & Location

| Department | Contact | Email | Phone | Location |
|--|---|--|---|--|
| Student Affairs & Dean of Students Title IX Coordinator | Zaayah Waite (she, her) Ph.D. Vice President for Student Affairs & Dean of Students; Title IX Coordinator | studentaffairs@franklinpierce.edu waitez@franklinpierce.edu | 603-899-4162 | Peterson Manor, 2 nd Floor (up the stairs, turn right, end office) |
| Diversity & Inclusion | Florisbeth Joseph (she/her), MBA Associate Director of Diversity & Inclusion | Diversity@franklinpierce.edu Josephf@franklinpierce.edu | 603-899-4386 | Emily Flint Campus Center – Located above the Sodexo Dining Hall |
| Campus Safety | Sharon Kennedy (she/her) Director of Campus Safety | csdispatch@franklinpierce.edu Kennedys@franklinpierce.edu | 603-899-4210 | Campus Safety Building |
| Counseling & Outreach Education | Nicole Newell (she/her), MA, LCMHC, NCC Director of Counseling Services | Counseling@franklinpierce.edu Newelln@franklinpierce.edu | 603-899-4135 | New Hampshire Hall, above Residential Life |
| Health Services | Erica Peery (she/her), MSN, APRN Director of Health Services | Healthservices@franklinpierce.edu Peerye@franklinpierce.edu | Reception 603-899-4130 Office 603-899-4385 Cell 603-340-4431 | Granite Hall, Basement Level, Across from Residential Life |
| Raven Recreation , Student Engagement & Wilderness Programs | Doug Carty Director of Student Engagement, Raven Recreation and Wilderness Programs | Recreation@franklinpierce.edu Studentengagement@franklinpierce.edu Cartyd@franklinpierce.edu | 603-899-4383 office 603-562-8026 cell | Emily Flint Campus Center- Adjacent to Info Desk |
| Residence Life & Community Standards | Kris “knp” Nolan-Parker (they/them), M.Ed Assistant Dean of Student Affairs – Residential Life & Community Standards | Housing@franklinpierce.edu nolanparkerk@franklinpierce.edu | 603-899-4176 | Main Residence Life Office - Ground Floor, New Hampshire Hall |

Student Resources

Listed below are offices that are dedicated to assist and support YOU – get to know and visit them often

Vice President for Student Affairs & Dean of Students

Zauyah Waite (she, her), Ph.D.

StudentAffairs@franklinpierce.edu

Waitez@franklinpierce.edu

(603) 899-4162

Office Location: 2nd Floor, Peterson Manor

- Title IX Coordinator
- Student and Family Advocacy and Resources

Campus Safety

csdispatch@franklinpierce.edu

(603) 899-4210

- Lost Student IDs
- Safety concerns and report violations and/or injuries

Career Education

careercenter@franklinpierce.edu

(603) 899-1070

- Internships, resumes, cover letters, interview prep, career exploration

Student Success Center

scc@franklinpierce.edu

(603) 899-4152

- Academic accommodations & new student advising (including NCAA athletes and international students)
- Study abroad, tutoring, advising, and appointments to support study habits and time management

Counseling & Outreach Education

Counseling@franklinpierce.edu

603-899-4135

- One-on-one and group counselling supports
- Wellbeing advice, support and guidance
- Location of Ration for Ravens

Health Services Outreach

healthservices@franklinpierce.edu

(603) 899-4130

- Health concerns and certain vaccines and medications
- Referrals to external providers

Residential Life/Housing

housing@franklinpierce.edu

(603) 899-4176

- Housing (application, room changes, roommate conflicts, and general comfort)
- Support and accountability with conduct issues
- Supplying information and updates regarding life on campus
- Programming
- Anything else students need to feel safe and welcome on campus!

Sodexo Food Service

dining@franklinpierce.edu

benouskij@franklinpierce.edu

(603) 899-4333

- Dietary restrictions and supports, including access to the dietician

Student Accessibility Support

studentaccessibility@franklinpierce.edu

(603) 899-4104

- Accommodations for academics, housing, and meals

Student Engagement, Raven Recreation & Wilderness Programs

studentengagement@franklinpierce.edu

recreation@franklinpierce.edu

(603) 899-4383

- Activities and events
- Clubs and service opportunities
- Pierce Activity Council
- Student Government

Student Financial Services

osfs@franklinpierce.edu

(877) 372-7347

- Financial advising, especially when there are changes in finances
- Scholarships, internal and external opportunities
- FASFA support and payment options

Dimensions of Wellness



The adoption and implementation of the Dimensions of Wellness framework is to guide the Division of Student Affairs' approach to the services, programs, and resources we offer to students. These dimensions are based on Franklin Pierce University values and best practices around holistic student wellness and well-being. They are used to inform our practices and approach to ensure we are centering and focusing on holistic student health and wellness.

The Dimensions of Wellness consists of 6 categories



RACIAL, RESTORATIVE & SOCIAL JUSTICE

Racial, Restorative, and Social Justice is an ongoing process of learning and taking actions in order to create a more just and equitable world. This includes examining one's own biases; understanding various cultural traditions, practices, values and issues; taking individual and collective accountability and restorative actions to repair harm caused; working with others toward dismantling systems of oppression with a goal of collective liberation.



SOCIAL-EMOTIONAL WELLNESS

Social-Emotional Wellness is the ability to recognize, accept, and manage our internal experiences while being sensitive to others in order to create a collective sense of belonging. This includes the capacity to draw on one's own gifts and well-developed support system in order to constructively manage life's challenges; recognizing that social-emotional wellness is a dynamic, ever-changing process throughout the lifespan.



ENVIRONMENTAL IMPACT

Environmental Impact is a process of learning how your actions, and the actions of systems of which you are a part, contribute to or detract from the health of the entire living planet. This includes developing a sustainable lifestyle and advocating for more systemic sustainability; working to support Indigenous sovereignty and environmental justice; having respect for and awareness of our surroundings; and playing an active role to create equitable, just, and sustainable communities.



INTELLECTUAL & VOCATIONAL ALIGNMENT

Intellectual and Vocational Alignment recognizes our ability to be a lifelong learner by seeking opportunities to expand our knowledge and skills and aligning those with our work, career, and passions in ways that we find personally meaningful and rewarding. Doing so allows us to integrate various aspects of our lives in communally, politically, environmentally, and personally productive ways.



PHYSICAL WELLNESS

Physical Wellness involves attending to the needs of our bodies in order to sustain our energy and live life fully. This involves cultivating habits that help support the synthesis of our physical and intellectual needs.



SPIRITUAL DEVELOPMENT

Spiritual Development involves a deep questioning of meaning and purpose in your life. At the core, it's considered to be the search for harmony with ourselves and others while working to balance personal practices that correlate with our inner values, morals, and/or belief systems. Spiritual development involves both reflection and action.

Activities By Dates

JANUARY

January is a month to celebrate the diverse ways in which we communicate and connect with each other. From recognizing the importance of Braille for the visually impaired to honoring cultural and religious celebrations, this month is about understanding and appreciating the various forms of expression that enrich our world.

WED. JAN 1

New Year's Day

FRI. JAN. 3

RAVEN ATHLETICS: Men's Basketball • Physical Wellness •
FPU Men's Basketball vs Daeman College • 12:00noon • In-Person • Field House • Athletics Department

SAT. JAN. 4

World Braille Day. This day celebrates the importance of Braille for the visually impaired.

SUN. JAN. 5

RAVEN ATHLETICS: Women's Basketball • Physical Wellness • FPU Women's Basketball vs American International College • 1:30pm • In-Person • Field House • Athletics Department

RAVEN ATHLETICS: Men's Basketball • Physical Wellness • FPU Men's Basketball vs American International College • 3:30pm • In-Person • Field House • Athletics Department

FRI. JAN. 10

RAVEN ATHLETICS: Women's Ice Hockey • Physical Wellness • FPU Women's Ice Hockey vs Assumption • 7:00pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

MON. JAN. 13

IMPORTANT DATE: Add/Drop Begins(Rindge Campus).
Add/Drop for Spring Courses Begins • Academic Affairs & Registrar

TUE. JAN. 14

Buddhism: Mahayana New Year • Spiritual Development
On this day, those of the Buddhist faith celebrate the Buddhist New Year in Mahayana traditions.

RAVEN ATHLETICS: Women's Basketball • Physical Wellness • FPU Women's Basketball vs Bentley • 5:30pm • In-Person • Field House • Athletics Department

RAVEN ATHLETICS: Men's Basketball • Physical Wellness • FPU Men's Basketball vs Bentley • 7:30pm • In-Person • Field House • Athletics Department

RAVEN ATHLETICS: Men's Ice Hockey • Physical Wellness • FPU Men's Ice Hockey vs Post • 8:00pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

SAT. JAN. 18

RAVEN ATHLETICS: Women's Basketball • Physical Wellness • FPU Women's Basketball vs SCSU • 1:30pm • In-Person • Field House • Athletics Department

RAVEN ATHLETICS: Men's Basketball • Physical Wellness • FPU Men's Basketball vs SCSU • 3:30pm • In-Person • Field House • Athletics Department

SUN. JAN. 19

Podcast: And Everything In Between with Victoria:

Ep. 4. Imposter Syndrome • Emotional Wellness • Victoria will be your host and guide for navigating the beautiful chaos of your 20s. Whether you're building your dream career, figuring out relationships, or just trying to find you, this is your space for self-growth, real talk, and a little fun along the way. This podcast is all about exploring the things that make your 20s a bit overwhelming and yet so exciting like relationships (both romantic and familial), building routines that stick, and finding meaning in the spiritual and everyday. Tune in every Sunday • 7:00pm • **Online • Spotify •** Dean of Students Office, Dean Waite
studentaffairs@franklinpierce.edu 603-899-4162

MON. JAN. 20

Martin Luther King Day. • Racial, Restorative, and Social Justice •
This day honors the civil rights leader and his contributions to equality.

TUE. JAN. 21

IMPORTANT DATE: Spring 2025 New & Transfer

Students Orientation (Rindge Campus) • Social-Emotional
• New Students gather vital information from a myriad of offices across campus while getting student ID's, housing info, parking permits and post office keys. • In-Person • Rindge Campus • Student Engagement/Residential Life

IMPORTANT DATE: Residence Hall Opens (Rindge Campus) • New and continuing student move-in begins. • 8:00am - 5:00pm • In-Person • Rindge Campus • Residence Life & Community Standards

Celebrating Martin Luther King Jr. Voting: The Heart of Democracy. • Racial Restorative, and Social Justice • Celebrate and honor the life and work of Dr. Martin Luther King Jr. While attendance is not required, it's strongly encouraged and a fantastic opportunity to engage with the local community, facilitated by our very own Gene Brown. Community Assistants are encouraged to attend and bring along one or two residents to share in the experience. Shuttle service will be provided by FPU for those without access to a vehicle, ensuring everyone has the chance to participate. • 5:00pm - 6:00pm • The Park Theatre, Jaffrey, NH • Office of Diversity & Inclusion

RESIDENCE LIFE: Raven Ready: Welcoming You Home - Meet Your Residence Hall Teams (New and Transfer Students) • Social-Emotional Wellness • Welcome to Franklin Pierce

University! Our friendly Community Assistants (CAs) are here to make your transition to campus life seamless and enjoyable. Your CA is not only a resource but also a friendly face who can help you settle in. From pointing out important spots like laundry rooms and dining halls to helping you navigate your student ID, they're here to support you every step of the way. Keep an eye out for announcements from your CA or Residence Director (RD) about meet-up locations - they'll be excited to connect with you and answer any questions you might have. Welcome home, Ravens! We're so glad you're here! • **Time TBD • In-Person • Rindge Campus, Residence Halls (Locations Vary) •** Residential Life & Community Standards

WED. JAN. 22 - SUN. JAN. 26

RESIDENCE LIFE: Raven Ready Welcoming You Home-Meet Your Residence Hall Teams (Returning Students)

• Join your Community Assistant (CA) for a quick, fun meeting to reconnect, review campus updates, and set the tone for an awesome semester. We'll cover the basics related to policy and procedure, share tips for success, and kick off the year with that unbeatable Raven pride. Check with your CA for time and location—don't miss it! Let's make this the best year yet, Raven Nation! • **Time TBD • In-Person • Rindge Campus, Residence Halls (Locations Vary) •** Residential Life & Community Standards

WED. JAN 22

RESIDENCE LIFE: Raven Ready: Welcoming You Home

- Mountain View Hall Meeting • Social-Emotional Wellness • 5:00pm • In-Person • Lakeside Conference Room • Residence Life & Community Standards

RESIDENCE LIFE: Raven Ready: Welcoming You Home- Lake View Town Houses and Efficiency 1-12 Meeting • Social-Emotional Wellness • 5:00pm • In Person • Lakeside Conference Room • Residence Life & Community Standards

RESIDENCE LIFE: Raven Ready: Welcoming You Home - Northwoods Hall Meeting • Social-Emotional Wellness • 6:30pm • In-Person • Northwoods Classroom • Residence Life & Community Standards

RESIDENCE LIFE: Raven Ready: Welcoming You Home - Lake View Town Houses and Efficiency 13-28 Meeting • Social-Emotional Wellness • 6:30pm • In-Person • Lakeside Conference Room • Residence Life & Community Standards

RESIDENCE LIFE: Raven Ready: Welcoming You Home - New Hampshire Hall Floor Meeting • Social-Emotional Wellness • 6:00pm & 6:30pm • In-Person • Spag Hall • Residence Life & Community Standards

Student Government Weekly Meeting • Intellectual and Vocational Alignment • All are welcome to join the executive board, class officers and clubs at our weekly forum • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement

THU. JAN. 23

COUNSELING: Letters to Self Day 1 • Social-Emotional Wellness • Write a letter to yourself. It will be delivered back to you later in the semester. • 11:00am - 12:00noon • In-Person • Rindge Campus, Remote Campus • Counseling

DOS Officer Hour Featuring Spring 2025 Desserts With Your Deans - Donuts from Gourmet Donuts • Social-Emotional Wellness • Drop by the Granite Lounge to get to know & converse with your Deans, Zauyah Waite & knp. Each DOS Office Hour will feature desserts from local bakeries or FPU bakers. More importantly we want to get to know you and hear how FPU is serving you and what we may be able to do to exceed your expectations. • 4:00pm - 5:00pm • In-Person • Granite Lounge - Front Entrance • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

RESIDENCE LIFE: Raven Ready: Welcoming You Home - Granite Hall Meeting • Social-Emotional Wellness • 6:30pm - 7:30pm • In-Person • Spag Hall • Residence Life & Community Standards

RESIDENCE LIFE: Raven Ready: Welcoming You Home - Mount Washington Hall Meeting • Social-Emotional Wellness • 7:00pm & 7:30pm • In-Person • Spag Hall • Residence Life & Community Standards

RESIDENCE LIFE: Raven Ready: Welcoming You Home - Edgewood & Monadnock Halls Meeting • Social-Emotional Wellness • 7:00pm • In-Person • Outside between Edgewood and Monadnock (If extremely cold we will move the meeting to inside to Monadnock • Residence Life & Community Standards

FRI. JAN. 24

COUNSELING: Letters to Self Day 2 • Social-Emotional Wellness • Write a letter to yourself. It will be delivered back to you later in the semester. • 11:00am - 12:00noon • In-Person • Rindge Campus, Remote Campus • Counseling

Pop-up DOS OFFICE - DIY Fleece Blanket • Social-Emotional Wellness • Enjoy craft items you do yourself. Feel good about creating an art piece that you can use for yourself, gift to love ones, decorate your room or other living spaces. • 4:00pm - 6:00pm • In-Person • Pioneer Lounge • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

STUDENT ENGAGEMENT: Welcome Back Bonfire • Physical Wellness • Ravens can enjoy a raging bonfire off the trail system on Mountain Road. DJ, hot chocolate, and shuttle provided. • 5:00pm - 10:00pm • In-Person • Rindge Campus • Student Engagement/Raven Recreation

RESIDENCE LIFE: Raven Ready: Welcoming You Home - Cheshire Hall Meeting • Social-Emotional Wellness • 7:00pm • In-Person • Location: 1st floor Parking lot side (If the weather is extremely cold we will move inside) • Residence Life & Community Standards

RAVEN ATHLETICS: Men's Ice Hockey • Physical Wellness • FPU's Men's Ice Hockey vs Saint Anselm • 7:00pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

SAT. JAN. 25

Skating on Pearly Pond • Social-Emotional Wellness • Ice skates are available to check out at the Bubble Reception Desk to skate on Pearly. • All day • In-Person • Rindge Campus-The Bubble • Raven Recreation

SUN. JAN 26

FP Swag Bingo • Physical Wellness • Come join your fellow Ravens to get some winter gear and FP Swag • 6:00pm - 9:00pm • In-Person • Spagnuolo Hall • Student Engagement

Podcast: And Everything In Between with Victoria.

Ep. 5. Embracing Uncertainty in Your 20s • Social-Emotional Wellness • Victoria is your host and guide for navigating the beautiful chaos of your 20s. Whether you're building your dream career, figuring out relationships, or just trying to find you, this is your space for self-growth, real talk, and a little fun along the way. This podcast is all about exploring the things that make your 20s a bit overwhelming and yet so exciting like relationships (both romantic and familial), building routines that stick, and finding meaning in the spiritual and everyday. Every Sunday at 7:00pm.

<https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

MON. JAN 27

International Day of Commemoration in Memory of Victims of the Holocaust • Racial, Restorative, and Social Justice

This day remembers the victims of the Holocaust and promotes Holocaust education.

RECREATION: Spring Intramurals • Physical Wellness •

Beginning of Spring Semester session 1 of Intramurals; Basketball, Pickleball, Cornhole • 7:00pm • In-Person • Rindge Campus-The Bubble • Recreation • Laura Harding, hardingl@franklinpierce.edu, x4151

TUE. JAN 28

IMPORTANT DATE: Health & Safety Inspections

Community Assistants (CAs) and Residence Directors (RDs) will conduct regular Health and Safety Inspections in residence halls to ensure a clean, safe, and healthy living environment for all students. During these inspections, they'll check for compliance with university policies, including proper use of space, fire safety measures, and cleanliness standards. Inspections are scheduled in advance, and you'll be notified of the dates. Please take this time to address any housekeeping or policy concerns in your space. These inspections are a proactive way to keep Raven Nation safe and thriving. Thank you for doing your part! • 10:00am - 10:00pm • In-Person • Residence Halls, Locations Vary • The Office of Residential Life

HEALTH SERVICES: American Red Cross Blood Drive

• **Physical Wellness •** A place where people come and voluntarily donate blood for medical reasons • 11:00am - 5:30pm • In-Person • Spagnuolo Hall • Health Services 603-899-4130 peerye@franklinpierce.edu

RAVEN ATHLETICS: Women's Basketball • Physical

Wellness • FPU Women's Basketball vs Assumption • 5:30pm • In-Person • Field House • Athletics Department

RAVEN ATHLETICS: Men's Basketball • Physical Wellness •

FPU Men's Basketball vs Assumption • 7:30pm • In-Person • Field House • Athletics Department

WED. JAN. 29

Lunar New Year • Spiritual Development • Lunar New Year starts on Wednesday, January 29, and ends on Wednesday, February 12. Lunar New Year marks the first new moon of the lunisolar calendar traditional to China, South Korea, Vietnam and other east Asian countries. According to the Chinese zodiac, 2025 is the year of the Wood Snake.

IMPORTANT DATE: Add/Drop Ends. Last Day to Add/Drop for Spring Courses • Academic Affairs & Registrar

SGA Faculty/Staff Awards • Social-Emotional Wellness • Each year the SGA recognizes 10 members of the faculty and staff community. Come celebrate them. • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement

RAVEN RECREATION: Intramurals • Physical Wellness •
Intramural Basketball • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

THU. JAN. 30

Rations for Ravens Grand Opening • Social-Emotional Wellness • Grand opening and donation event for the newest location of Rations for Ravens. • 10:00am - 11:30am • In-Person • Bray Center (24/7 Library space) • Counseling and DEI Office, Contact: Kalya DaSilva dasilvak@franklinpierce.edu 603-899-1029

FPU'S Community Meeting • Social-Emotional Wellness • Monthly gathering of FPU's faculty and staff - a time to receive campus updates from President Peter Eden and members of the FPU community. • 3:00pm - 4:00pm • Hybrid • Spagnulo Hall • President's Office, Contact: Mary O'Friel, Ofrielm@franklinpierce.edu 603-899-4128

RAVEN RECREATION: Intramurals • Physical Wellness •
Intramural Pickleball • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

RAVEN RECREATION: Intramurals • Physical Wellness •
Intramural Cornhole • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

Thursday Trivia with FPU Academic Centers Featuring Trivia Grab, Show & Tell • Social-Emotional Wellness • Zoom in and enjoy trivia hosted by your Dean of Students. Have fun and win great prizes. Zoom Meeting ID: 419 3097207 Password: DOS • 8:00pm • Online • Remote • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

FRI. JAN. 31

Festivals at Raven Nation (FeRN) Series: Lunar New Year • Spiritual Development • The Festivals at Raven Nation (FeRN) Series is a time for Ravens to come together to learn about festivals that communities around the world honor and celebrate together. Let's come together to celebrate Lunar New Year. • 5:00pm - 7:00pm • In-Person • Spagnulo Hall • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

Eric Dittleman, Comedy Mind Reader • Social-Emotional Wellness • Sign up to see Eric Dittleman perform live at the Park Theatre in Jaffrey, NH • 7:30pm • In-Person • Park Theatre, Jaffrey, NH • Student Engagement, Doug Carty, cartyd@franklinpierce.edu, 603-899-4383

RAVEN ATHLETICS: Men's Ice Hockey • Physical Wellness
FPU's Men's Ice Hockey vs Assumption. • 8:00pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

FEBRUARY

February is dedicated to celebrating Black History Month, a time to honor the contributions, achievements, and rich history of Black Americans. This month also includes significant events that promote harmony and awareness across various cultural and health-related spectrums.

SAT. FEB. 1

3Rs - Roving 'Round Rindge Series: 22nd Annual Keene Ice and Snow Festival at Downtown Keene, NH.

• **Social-Emotional Wellness •** Join our Dean of Students Office staff for their monthly installment of the 3Rs Series, where they take FPU students to activities around Rindge and surrounding areas. Watch expert ice and snow sculptors create masterpieces. The festival is a day of free fun that brings local ingenuity and creative vibrancy to downtown Keene during the peak of winter. The 2025 festival will feature a competition for 12 professional ice carvers from The Monadnock Region and all over New England, along with a variety of free events and activities. RSVP required at: studentaffairs@franklinpierce.edu • 12:30pm - 4:30pm • In-Person • Pick-up & Drop off: Peterson Manor Parking Lot • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

RAVEN ATHLETICS: Women's Ice Hockey • Physical Wellness • FPU's Women's Ice Hockey vs Stonehill • 6:00pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

SUN. FEB. 2 - MON. FEB. 3

ADMISSIONS: Overnight Program • In-Person • Rindge Campus

SUN. FEB. 2

Admissions: Accepted Student & Discovery Day

• In-Person • Rindge Campus • Admissions

Admissions: Overnight Program • In-Person • Rindge Campus •
Admissions

Groundhog Day • Social-Emotional Wellness • Does Rocky see his shadow? Livestream on SA instagram • 1:00pm - 1:30pm • In-Person • Library Courtyard • Student Engagement/Doug Carty, cartyd@franklinpierce.edu 603-899-4383

RD Game Night: Level Up with Your Residence

Directors! • Social-Emotional Wellness • Join us for a night of games, laughs, and friendly competition with your Residence Directors! It's your chance to connect, unwind, and show off your skills - Raven style! • 8:00pm - 10:00pm • In-Person • Location TBD • The Office of Residential Life

MON. FEB. 3

Spirit Leaders: Valentine's Day Candy Gram Tabling

• **Social-Emotional Wellness •** Come to the Pioneer Lounge to create a free candy gram to send to a friend on Valentine's Day. A QR code will also be available if students aren't able to make it to the Pioneer Lounge • 11:00am - 2:00pm • In-Person • Pioneer Lounge • Student Engagement, Sydney Fringer, StudentEngagementGA@franklinpierce.edu 603-899-4188

OD&I: Bridging Differences x NAACP Meeting •
Racial, Restorative, and Social Justice • Strategize creating an NAACP branch in the Monadnock region • 5:30pm - 8:00pm • In-Person • Spagnulo Hall • Diversity & Inclusion Council

TUE. FEB. 4

World Cancer Day. Raises awareness of cancer prevention, detection, and treatment.

COUNSELING: Creative Corner - Grab and Go/Stay and Play: Make your own Seek and Find Jar • Social-Emotional Wellness • 10:30pm - 11:30pm • In-Person • Rindge Campus • Counseling; Nicole Newell newelln@franklinpierce.edu, Molly Hoekman, hoekmanm@franklinpierce.edu

Spirit Leaders: Valentine's Day Candy Gram Tabling

• **Social-Emotional Wellness •** Come to the Pioneer Lounge to create a free candy gram to send to a friend on Valentine's Day. A QR code will also be available if students aren't able to make it to the Pioneer Lounge • 11:00am - 2:00pm • In-Person • Pioneer Lounge • Student Engagement, Sydney Fringer, StudentEngagementGA@franklinpierce.edu 603-899-4188

Pop-Up DOS OFFICE - DIY Lucky Bamboo • Social-Emotional Wellness • Enjoy craft items you do yourself. Feel good about creating an art piece that you can use for yourself, gift to love ones, decorate your room or other living spaces. • 4:00pm - 6:00pm • In-Person • Pioneer Lounge • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

RAVEN ATHLETICS: Men's Ice Hockey • Physical Wellness •
FPU's Men's Ice Hockey vs Assumption • 7:00pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

WED. FEB. 5

Spirit Leaders: Valentine's Day Candy Gram Tabling

• **Social-Emotional Wellness •** Students can come to the Pioneer Lounge to create a free candy gram to send to a friend on Valentine's Day. A QR code will also be available if students aren't able to make it to the Pioneer Lounge • 11:00am - 2:00pm • In-Person • Pioneer Lounge • Student Engagement, Sydney Fringer, StudentEngagementGA@franklinpierce.edu 603-899-4188

Lunch With Prez • Social-Emotional Wellness • Join President Peter Eden and Dean of Students, Zauyah Waite for lunch and casual conversation. • 11:45am - 12:30pm • In-Person • Dining Hall • President's Office, Contact: Mary O'Friel, Ofrielm@franklinpierce.edu 603-899-4128

RAVEN ATHLETICS: Women's Basketball • Physical Wellness • FPU's Women's Basketball vs Southern New Hampshire University • 5:30pm • In-Person • Field House • Athletics Department

SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement, Doug Carty cartyd@franklinpierce.edu 603-899-4383
RAVEN ATHLETICS: Men's Basketball • Physical Wellness • FPU's Men's Basketball vs Southern New Hampshire University • 7:30pm • In-Person • Field House • Athletics Department

THU. FEB. 6

Spirit Leaders: Valentine's Day Candy Gram Tabling • Social-Emotional Wellness • Students can come to the Pioneer Lounge to create a free candy gram to send to a friend on Valentine's Day. A QR code will also be available if students aren't able to make it to the Pioneer Lounge • 11:00am - 2:00pm • In-Person • Pioneer Lounge • Student Engagement, Sydney Fringer, StudentEngagementGA@franklinpierce.edu 603-899-4188
OD&I: Diversity & Inclusion Council Meeting • Racial, Restorative, and Social Justice • Council meets bi-weekly. • 3:00pm - 4:00pm • Hybrid • Marulli Center • Diversity & Inclusion Council
RECREATION: College Night Ski and Ride • Physical Wellness • College lift ticket rates \$15/person. Transportation provided. • 5:00pm - 9:00pm • In-Person • Granite Gorge Ski Area • Wilderness Programs

FRI. FEB. 7

Heart Health - Wear Red Day • Physical Wellness • Time TBD • Hybrid • Rindge • Health Services, Erica Peery, APRN Health Services Erica Peery, 603-899-4130
Spirit Leaders: Valentine's Day Candy Gram Tabling • Social-Emotional Wellness • Students can come to the Pioneer Lounge to create a free candy gram to send to a friend on Valentine's Day. A QR code will also be available if students aren't able to make it to the Pioneer Lounge • 11:00am - 2:00pm • In-Person • Pioneer Lounge • Student Engagement, Sydney Fringer, StudentEngagementGA@franklinpierce.edu 603-899-4188
RAVEN ATHLETICS: Men's Ice Hockey • Physical Wellness • FPU's Men's Ice Hockey vs Southern New Hampshire University • 3:30pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

SAT. FEB. 8

RECREATION: Punt, Pass, Kick Challenge • Physical Wellness • Rules linked here • Time TBD • In-Person • Rindge Campus-The Bubble • Recreation, Laura Harding, hardingl@franklinpierce.edu x4151
RAVEN ATHLETICS: Women's Basketball • Physical Wellness • FPU's Women's Basketball vs St. Michael's • 1:30pm • In-Person • Field House • Athletics Department
RAVEN ATHLETICS: Men's Basketball • Physical Wellness • FPU's Men's Basketball vs Saint Michael's • 3:30pm • In-Person • Field House • Athletics Department
RAVEN ATHLETICS: Men's Ice Hockey • Physical Wellness • FPU's Men's Ice Hockey vs Southern NH University • 6:30pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department
RAVEN ATHLETICS: Men's Lacrosse • Physical Wellness • FPU's Men's Lacrosse vs Lasell (Scrimmage) • Time TBD • In-Person • Sodexo Field • Athletics Department

SUN. FEB. 9

Super Bowl 2025 Watch Party & Pre-Game BHM Trivia • Social-Emotional Wellness • Don't miss this epic Super Bowl Watch Party. Enjoy game food and beverages. Compete in a pre-game Black History Month trivia. Win great prizes. • 6:00pm - 9:00pm • In-Person • Spagnuolo Hall • Offices: Dean of Students and Diversity & Inclusion
National Football League (NFL) Super Bowl LIX • Physical Wellness • 6:30pm - 9:00pm • Online/FOX TV
Podcast: And Everything In Between by Victoria. Ep. 7. Wellness I'm Into Right Now • Intellectual and Vocational Alignment • https://open.spotify.com/show/1vppnOE51rKIR8fj22666T • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

MON. FEB. 10

Spirit Leaders: Valentine's Day Candy Gram Tabling • Social-Emotional Wellness • Students can come to the Pioneer Lounge to create a free candy gram to send to a friend on Valentine's Day. A QR code will

also be available if students aren't able to make it to the Pioneer Lounge • 11:00am - 2:00pm • In-Person • Pioneer Lounge • Student Engagement, Sydney Fringer, StudentEngagementGA@franklinpierce.edu 603-899-4188
COUNSELING: Creative Corner - Grab and Go/Stay & Play: Seek and Find Jars • Social-Emotional Wellness • 2:30pm - 3:30pm • In-Person • Rindge Campus • Counseling, Nicole Newell newelln@franklinpierce.edu, Molly Hoekman hoekmanm@franklinpierce.edu

TUE. FEB. 11

Spirit Leaders: Valentine's Day Candy Gram Tabling • Social-Emotional Wellness • Students can come to the Pioneer Lounge to create a free candy gram to send to a friend on Valentine's Day. A QR code will also be available if students aren't able to make it to the Pioneer Lounge • 11:00am - 2:00pm • In-Person • Pioneer Lounge • Student Engagement, Sydney Fringer, StudentEngagementGA@franklinpierce.edu 603-899-4188
Festivals at Raven Nation (FeRN) Series: Lantern Festival • Spiritual Development • Festivals at Raven Nation (FeRN) Series is a time for Ravens to come together to learn about festivals that communities around the world honor and celebrate together. Let's come together to celebrate Lantern Festival. • 5:30pm - 7:30pm • In-Person • Spagnuolo Hall • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

WED. FEB. 12

Lantern Festival. Lantern Festival 2025 will be celebrated on February 12 in various locations worldwide. This traditional Chinese festival marks the end of Lunar New Year celebrations with colorful lantern displays, cultural performances, and special foods.
Spirit Leaders: Valentine's Day Candy Gram Tabling • Social-Emotional Wellness • Students can come to the Pioneer Lounge to create a free candy gram to send to a friend on Valentine's Day. A QR code will also be available if students aren't able to make it to the Pioneer Lounge • 11:00am - 2:00pm • In-Person • Pioneer Lounge • Student Engagement, Sydney Fringer, StudentEngagementGA@franklinpierce.edu 603-899-4188
SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement, Doug Carty cartyd@franklinpierce.edu 603-899-4383

THU. FEB. 13

Spirit Leaders: Valentine's Day Candy Gram Tabling • Social-Emotional Wellness • Students can come to the Pioneer Lounge to create a free candy gram to send to a friend on Valentine's Day. A QR code will also be available if students aren't able to make it to the Pioneer Lounge • 11:00am - 2:00pm • In-Person • Pioneer Lounge • Student Engagement, Sydney Fringer, StudentEngagementGA@franklinpierce.edu 603-899-4188
Class of 2025: Stuff a Plush • Social-Emotional Wellness • Fill a teddy bear or other stuffed animal to give to a val, gal, or pal. • 11:30am - 1:00pm • In-Person • Rindge Campus - Pioneer Lounge • Student Engagement/Doug Carty, cartyd@franklinpierce.edu 603-899-4383
COUNSELING: Sex Toy Bingo • Social-Emotional Wellness • A pleasurable event. Come enjoy 10 rounds of bingo, where the prizes raise awareness for self-love and sexual health. Come one, come all. • 5:30pm - 7:30pm • In-Person • Rindge Campus • Counseling; Nicole Newell newelln@franklinpierce.edu
RECREATION: College Night Ski and Ride • Physical Wellness • College lift ticket rates \$15/person. Transportation provided. • 5:00pm - 9:00pm • In-Person • Granite Gorge Ski Area • Wilderness Programs

FRI. FEB. 14

CLASS OF 2025 and COUNSELING: Stuff a Plush • Social-Emotional Wellness • Fill a teddy bear to give to a val, gal, or pal. • 10:30am - 1:00pm • In-Person • Rindge Campus - Pioneer Lounge • Counseling; Nicole Newell newelln@franklinpierce.edu, Molly Hoekman hoekmanm@franklinpierce.edu
RAVEN ATHLETICS: Women's Ice Hockey • Physical Wellness • FPU's Women's Ice Hockey vs Sacred Heart • 2:00pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

SAT. FEB. 15

RAVEN ATHLETICS: Women's Ice Hockey • Physical Wellness • FPU's Women's Ice Hockey vs Sacred Heart • 12:00noon • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

RAVEN ATHLETICS: Women's Basketball • Physical Wellness • FPU's Women's Basketball vs Pace • 1:30pm • In-Person • Field House • Athletics Department

RAVEN ATHLETICS: Men's Basketball • Physical Wellness • FPU's Men's Basketball vs Pace • 3:30pm • In-Person • Field House • Athletics Department

RAVEN ATHLETICS: Men's Ice Hockey • Physical Wellness • FPU's Men's Ice Hockey vs Post • 5:30pm • In-Person • Ritchie Rink (Winchendon School) • Athletics Department

SUN. FEB. 16

Podcast: And Everything In Between by Victoria.

Ep. 8. Love Languages • Intellectual and Vocational Alignment •

<https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpiercedu 603-899-4162

MON. FEB. 17 - TUE. FEB. 18

ADMISSIONS: Overnight Program • 12noon • In-Person • Rindge Campus • Admissions

MON. FEB. 17

Washington's Birthday/ Presidents' Day. Honors the birthday of George Washington, the first U.S. President. It is often celebrated to honor all those who served as presidents of the United States. **No classes.**

IMPORTANT DATE: Presidents' Day. Rindge Campus Closed

TUE. FEB. 18 - FRI. FEB. 21

BlackLivesMatter - #GiveToReceive in Celebration of Black History Month • Racial, Restorative, and Social Justice • Give what you can and receive a Black Life Matters tee in return. All donations received will be used for the FPU Student Hardship Fund. • 11:30pm - 1:30pm • In-Person & Remote • Pioneer Lounge • Dean of Students Office and Office of Diversity & Inclusion

TUE. FEB. 18

Be a Resident Assistant: Fly with Confidence, Lead with Heart - APPLICATIONS LIVE! Ready to make a difference at Franklin Pierce? Resident Assistants (RAs) are leaders, great communicators, and community builders who help create a positive and inclusive environment. As an RA, you'll be a trusted resource, a reliable guide, and someone your peers can turn to for support. You'll foster connections, promote well-being, and create a welcoming space where everyone belongs. If you're passionate about making an impact, this is your chance to step up, lead, and leave your mark on Raven Nation! Applications are due by Monday, March 10 at 12 Noon! • All Day • Online • Virtual • The Office of Residential Life

HEALTH SERVICES: Flu Shot Drive • Physical Wellness • Flu shots available at Health Services • 9:00am - 4:00pm • In-Person • Rindge Campus • Health Services, Erica Peery, APRN

COUNSELING: Creative Corner - Grab and Go/Stay and Play: Worry Dolls • Social-Emotional Wellness • 1:30pm - 2:30pm • In-Person • Rindge Campus • Counseling • Nicole Newell newelln@franklinpiercedu, Molly Hoekman hoekmanm@franklinpiercedu

WED. FEB. 19

SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement, Doug Carty cartyd@franklinpiercedu 603-899-4383

RAVEN ATHLETICS: Men's Basketball • Physical Wellness • FPU's Men's Basketball vs Bridgeport • 7:00pm • In-Person • Field House • Athletics Department

THU. FEB. 20

OD&I: Diversity & Inclusion Council Meeting • Racial, Restorative, and Social Justice • Council meets bi-weekly. • 3:00pm - 4:00pm • Hybrid • Location TBD •

RECREATION: College Night Ski and Ride • Physical Wellness • College lift ticket rates \$15/person. Transportation provided. • 5:00pm - 9:00pm • In-Person • Granite Gorge Ski Area • Wilderness Programs

Thursday Trivia with FPU Academic Centers Featuring Raven Nation Trivia • Social-Emotional Wellness • Zoom in and enjoy trivia hosted by your Dean of Students. Have fun and win great prizes. Zoom Meeting ID: 419 3097207 PW: DOS • 8:00pm • Online • Remote • Dean of Students Office, Dean Waite studentaffairs@franklinpiercedu 603-899-4162

SAT. FEB. 22

ADMISSIONS: Visit Day. • 10:00am - 2:00pm • In-Person • Rindge Campus • Admissions

SUN. FEB. 23

RAVEN ATHLETICS: Men's Lacrosse • Physical Wellness • FPU's Men's Lacrosse vs Bridgeport • 1:00pm • In-Person • Keene State • Athletics Department

Podcast: And Everything In Between by Victoria.

Ep. 9. Side Hustles and Passions • Intellectual and Vocational Alignment • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpiercedu 603-899-4162

MON. FEB. 24

COUNSELING: Creative Corner - Grab and Go/Stay and Play: Dreamcatchers • Social-Emotional Wellness • 1:30pm - 2:30pm • In-Person • Rindge Campus • Counseling, Nicole Newell newelln@franklinpiercedu, Molly Hoekman hoekmanm@franklinpiercedu

TUE. FEB. 25

DOS Office Hour Featuring Spring 2025 Desserts with your Deans: Cupcakes from @Alexisgrace_baking (Instagram) • Social-Emotional Wellness • Drop by the Granite Lounge to get to know & converse with your Deans, Zauyah Waite & KNP. Each DOS Office Hour will feature desserts from local bakeries or FPU bakers. We want to get to know you and hear how FPU is serving you, and what we may be able to do to exceed your expectations. • 12:00noon - 1:00pm • In-Person • Granite Lounge - Front Entrance • Dean of Students Office, Dean Waite studentaffairs@franklinpiercedu 603-899-4162

WED. FEB. 26

Hinduism: Maha Shivaratri. • Spiritual Development • A major Hindu festival celebrating Lord Shiva.

SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement, Doug Carty cartyd@franklinpiercedu 603-899-4383

THU. FEB. 27

FPU's Community Meeting • Racial, Restorative, and Social Justice • Monthly gathering of FPU's faculty and staff - a time to receive campus updates from President Peter Eden and members of the FPU community. • 3:00pm - 4:00pm • Hybrid • Spagnulo Hall • President's Office, Contact: Mary O'Friel, Ofrielm@franklinpiercedu 603-899-4128

OD&I: Black History Month: Food, Culture, & Education Night • Racial, Restorative, and Social Justice • A night of African American food, culture, and education open to all community members. • 7:00pm - 8:00pm • In-Person • Spagnulo Hall • OD&I

RECREATION: College Night Ski and Ride • Physical Wellness • College lift ticket rates \$15/person. Transportation provided. • 5:00pm - 9:00pm • In-Person • Granite Gorge Ski Area • Wilderness Programs

FRI. FEB. 28

Festivals at Raven Nation (FERN) Series: Ramadan • Spiritual Development • Let's come together to celebrate the arrival of Ramadan, the Holy Month in Islam where Muslims fast from dawn until dusk. There will be food and dates for the people fasting. • 5:00pm - 6:30pm • In-Person • Marulli Center • Dean of Students Office, Dean Waite studentaffairs@franklinpiercedu 603-899-4162

MARCH

March is dedicated to celebrating Women's History Month, a time to recognize the contributions and achievements of women

throughout history. This month also features important observances across different faiths and cultures, emphasizing the importance of equality and diversity.

SAT. MAR. 1

Islam: Ramadan • Spiritual Development • A holy month of fasting, prayer, and reflection for Muslims.

HEALTH SERVICES: Concussion and Brain Injury

Awareness. A time to recognize and support those affected by brain injuries.

• Hybrid • Health Services 603-899-4130

ADMISSIONS: Visit Day • 10:00am - 2:00pm • In-Person • Rindge Campus • Admissions

SUN. MAR. 2

RAVEN ATHLETICS: Women's Lacrosse • Physical Wellness

• FPU's Women Lacrosse vs Felician • 12:00noon • In-Person • Sodexo Field • Athletics Department

STUDENT ENGAGEMENT: Mardi Gras

• Social-Emotional Wellness • The Bubble Up All Night Event • 8:00pm - 12:00am • In-Person • The Bubble • Student Engagement, Doug Carty cartyd@franklinpierce.edu 603-899-4383

MON. MAR. 3

DOS Office Hour Featuring Spring 2025 Desserts With Your Deans: Cheesecakes • Social-Emotional Wellness • Drop by the Granite Lounge to get to know & converse with your Deans, Zauyah Waite & knp. Each DOS Office Hour will feature desserts from local bakeries or FPU bakers. We want to get to know you and hear how FPU is serving you, and what we may be able to do to exceed your expectations. • 12noon - 1:00pm • In-Person • Granite Lounge - Front Entrance • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Basketball • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Basketball • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

TUE. MAR. 4

COUNSELING: Creative Corner - Grab and Go/Stay and Play: Rice Bags • Social-Emotional Wellness • 2:30-3:30 • Rindge Campus • Counseling, Nicole Newell newelln@franklinpierce.edu, Molly Hoekman hoekmanm@franklinpierce.edu

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Pickleball • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Cornhole • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Cornhole • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Cornhole • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

WED. MAR. 5

Lunch With Prez • Social-Emotional Wellness • Join President Peter Eden and Dean of Students, Zauyah Waite for lunch and casual conversation. • 11:45am - 12:30pm • In-Person • Dining Hall • President's Office, Contact: Mary O'Friel, Ofrielm@franklinpierce.edu 603-899-4128

RAVEN ATHLETICS: Women's Lacrosse • Physical Wellness • FPU's Women Lacrosse vs Pace • 4:00pm • In-Person • Sodexo Field • Athletics Department

SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement, Doug Carty cartyd@franklinpierce.edu 603-899-4383

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Basketball • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

THU. MAR. 6

OD&I: Diversity & Inclusion Council Meeting • Racial, Restorative, and Social Justice • Council meets bi-weekly. • 3:00pm - 4:00pm • Hybrid • Marulli Center • Office of Diversity & Inclusion

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Pickleball • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Cornhole • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

FRI. MAR. 7

IMPORTANT DATE: Inauguration of Peter Eden

SAT. MAR. 8

International Women's Day. Celebrates the achievements of women and calls for gender equality.

RAVEN ATHLETICS: Women's Lacrosse • Physical Wellness

• FPU's Women Lacrosse vs Adelphi • 12:00noon • In-Person • Sodexo Field • Athletics Department

SUN. MAR. 9

3Rs - Roving 'Round Rindge Series: Magic Wings •

Environmental Impact • Join the Dean of Students Office staff for their monthly installment of the 3Rs Series where they take FPU students to activities around Rindge and surrounding areas. Featuring an 8,000-square foot indoor conservatory home to some 4,000 exotic and domestic butterflies in a tropical environment, Magic Wings focuses on butterfly-related education, recreation, entertainment and gardening needs. RSVP: studentaffairs@franklinpierce.edu • 10:00am - 1:30pm • In-Person • Pick-up and Drop-off: Peterson Manor Parking Lot/Location: 281 Greenfield Rd, South Deerfield, MA 01373 • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

ADMISSIONS: Accepted Student & Discovery Day

• 10:00am - 2:00pm • In-Person • Rindge Campus • Admissions

Podcast: And Everything In Between by Victoria:

Ep. 11. Morning and Night Routines • Intellectual and

Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T>

• 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite

studentaffairs@franklinpierce.edu 603-899-4162

SUN. MAR. 9 - MON. MAR. 10

ADMISSIONS: Overnight Program • 3:00pm • In-Person • Rindge Campus • Admissions

MON. MAR. 10

IMPORTANT DATE: First Day to Register Summer/Fall Courses (Rindge Campus)

Be a Resident Assistant: Fly with Confidence, Lead with Heart - Applications Due Today at 12 Noon! Ready to make a difference at Franklin Pierce? Resident Assistants (RAs) are leaders, great communicators, and community builders who help create a positive and inclusive environment. As an RA, you'll be a trusted resource, a reliable guide, and someone your peers can turn to for support. You'll foster connections, promote well-being, and create a welcoming space where everyone belongs. If you're passionate about making an impact, this is your chance to step up, lead, and leave your mark on Raven Nation! Applications are due by Monday, March 10 at 12 Noon! • Time N/A • Online • Location Online • The Office of Residential Life

COUNSELING: Creative Corner - Grab and Go/Stay and Play: Fidgets DIY • Social-Emotional Wellness • 10:30pm - 11:30pm •

Rindge Campus • Counseling, Nicole Newell newelln@franklinpierce.edu, Molly Hoekman hoekmanm@franklinpierce.edu

RAVEN RECREATION: Intramurals • Physical Wellness •

Intramural Basketball Playoffs • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

TUE. MAR. 11

Rations for Ravens Restock Event • Racial, Restorative, and Social Justice • Target audience: Faculty and staff. • 1:00pm - 2:30pm • In-Person • Library Cafe or Library Courtyard • Counseling and DEI. Contact: Kalyn DaSilva, dasilvak@franklinpierce.edu 603-899-1029

RAVEN RECREATION: Intramurals • Physical Wellness •

Intramural Pickleball Playoffs • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

RAVEN RECREATION: Intramurals • Physical Wellness •

Intramural Cornhole Playoffs • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

WED. MAR. 12

SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement, Doug Carty, cartyd@franklinpierce.edu 603-899-4383

RAVEN ATHLETICS: Men's Lacrosse • Physical Wellness • FPU's Men Lacrosse vs Bentley • Time TBD • In-Person • Sodexo Field • Athletics Department

RAVEN ATHLETICS: Women's Lacrosse • Physical Wellness • FPU's Women Lacrosse vs Molloy • 4:00pm • In-Person • Sodexo Field • Athletics Department

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Basketball Championship • 7:00pm - 10:00pm • In-Person • Fieldhouse • Raven Recreation

THU. MAR. 13

Festivals at Raven Nation (FERN) Series: Holi • Spiritual Development • Festivals at Raven Nation (FeRN) Series is a time for Ravens to come together to learn and celebrate festivals that communities around the world honor together. Let's come together to celebrate Holi, a Hindu holiday that celebrates the winter harvest and onset of spring. This Festival of Colors, Love, and Spring is an important Hindu festival celebrating the triumph of good over evil. It also celebrates the arrival of spring and the blossom of love and hopes for a good harvest. • 1:00pm • In-Person • Peterson Manor Lawn • Dean of Students Office and Office of Diversity and Inclusion studentaffairs@franklinpierce.edu

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Pickleball Championship • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

RAVEN RECREATION: Intramurals • Physical Wellness • Intramural Cornhole Championship • 7:00pm - 10:00pm • In-Person • The Bubble • Raven Recreation

FRI. MAR. 14 - THU. MAR. 20

RAVEN RECREATION: Austria Trip • Social-Emotional Wellness • Student trip to Innsbruck, Austria. Depart 3/14; return 3/20 • In-Person • Europe • Recreation, Laura Harding, hardingl@franklinpierce.edu, x4151

FRI. MAR. 14

Hinduism: Holi • Spiritual Development • The festival of colors, celebrates the arrival of spring.

IMPORTANT DATE: Last Day of Classes Before Spring Break (Rindge Campus)

IMPORTANT DATE: Health & Safety Inspections • Environmental Impact • Community 5Assistants (CAs) and Residence Directors (RDs) will conduct regular Health and Safety Inspections in residence halls to ensure a clean, safe, and healthy living environment for all students. During these inspections, they'll check for compliance with university policies, including proper use of space, fire safety measures, and cleanliness standards. Inspections are scheduled in advance, and you'll be notified of the dates. Please take this time to address any housekeeping or policy concerns in your space. These inspections are a proactive way to keep Raven Nation safe and thriving - thank you for doing your part! • 7:00pm • In-Person • Residence Halls, Locations Vary • The Office of Residential Life

Residence Halls Close at 8 pm • Environmental Impact • Happy Spring Break! • 8:00pm • In-Person • Residence Halls, Locations Vary • The Office of Residential Life

SAT. MAR. 15 - SUN. MAR. 25

SPRING BREAK. Rindge Campus

SUN. MAR. 16

Podcast: And Everything In Between by Victoria. Ep. 12. What Happens Next? Questions For Post Grad. • Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

THU. MAR. 20

Thursday Trivia With FPU Academic Centers Featuring the Prize is Right • Social-Emotional Wellness • Zoom in and enjoy trivia

hosted by your Dean of Students. Have fun and win great prizes. Zoom Meeting ID: 419 3097207 PW: DOS • 8:00pm • Online/Zoom • Remote • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

SAT. MAR. 22

RAVEN ATHLETICS: Men's Lacrosse • Physical Wellness • FPU's Men Lacrosse vs Saint Anselm • Time TBD • In-Person • Sodexo Field • Athletics Department

SUN. MAR. 23

ADMISSIONS: Accepted Student & Discovery Day • 10:00am - 2:00pm • In-Person • Rindge Campus • Admissions

Residence Halls Open at 12:00pm • Social-Emotional Wellness • Welcome back, Ravens! • 12:00noon • In-Person • Rindge Campus • The Office of Residential Life

Podcast: And Everything In Between by Victoria. Ep. 13. The Power of Saying NO • Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

SUN. MAR. 23 - MON. MAR. 24

ADMISSIONS: Overnight Program • 3:00pm • In-Person • Rindge Campus • Admissions

MON. MAR. 24

IMPORTANT DATE: Classes Resume (Rindge Campus) **Pop-up DOS OFFICE - DIY Cactus Bowl** • Social-Emotional Wellness • Enjoy craft items you do yourself. Feel good about creating an art piece that you can use for yourself, gift to love ones, decorate your room or other living spaces. • 4:00pm - 6:00pm • In-Person • Pioneer Lounge • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

TUE. MAR. 25

First Day of Spring Event • Plant some flowers/collab with Counseling/ Res. Life, welcome back from spring break. • Time TBD • In-Person • Location TBD • Student Engagement, Doug Carty cartyd@franklinpierce.edu 603-899-4383

WED. MAR. 26

Wear Purple for Epilepsy Awareness • Physical Wellness • Time All Day • Hybrid • Location Various, TBD • Health Services, Erica Peery peerye@franklinpierce.edu

OD&I: Diversity & Inclusion Council Meeting • Racial, Restorative, and Social Justice • Council meets bi-weekly. • 3:00pm - 4:00pm • Hybrid • Marulli Center • Office of Diversity & Inclusion

SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement/Doug Carty cartyd@franklinpierce.edu 603-899-4383

THU. MAR. 27

FPU's Community Meeting • Monthly gathering of FPU's faculty and staff - a time to receive campus updates from President Peter Eden and members of the FPU community. • 3:00pm - 4:00pm • Hybrid • Spagnulo Hall • President's Office, Contact: Mary O'Friel, Ofrielm@franklinpierce.edu 603-899-4128

SAT. MAR. 29

ADMISSIONS: Visit Day • 10:00am - 2:00pm • In-Person • Rindge Campus • Admissions

RAVEN ATHLETICS: Softball • Physical Wellness • FPU vs Adelphi • 12:00noon / 2:00pm • In-Person • Softball Field • Athletics Department

RAVEN ATHLETICS: Women's Lacrosse • Physical Wellness • FPU's women Lacrosse vs Southern New Hampshire University • 1:00pm • In-Person • Sodexo Field • Athletics Department

SUN. MAR. 30

Islam: Eid al-Fitr/ Eid Mubarak • Spiritual Development • Eid al-Fitr for the year 2025 is celebrated/ observed on sundown of Sunday, March 30 ending at sundown on Monday, March 31. Eid al-Fitr is on the first day of the

month of Shawwal (Islamic Calendar) and marks the end of Ramadan (month long fasting) and the beginning of a feast that breaks the fast.

3Rs - Roving 'Round Rindge Series: Van Gogh: The Immersive Experience.

• Intellectual and Vocational Alignment
• Join our Dean of Students Office staff for their monthly installment of the 3Rs Series, where they take FPU students to activities around Rindge and surrounding areas. Van Gogh: The Immersive Experience is a 360° digital art exhibition in Worcester that invites you to step into the universe of the Dutch genius. This captivating experience, a previous winner of USA Today's 10Best Readers' Choice Award, is brought to you by the organizers of a collection of widely successful exhibitions present in cities across Europe, Asia, and the Americas. RSVP required, email studentaffairs@franklinpierce.edu • **12:30pm - 4:30pm • In-Person**
• **Pick-up and Drop-off: Peterson Manor Parking Lot, Event location: 211 Commercial, Worcester, MA • Dean of Students Office, Dean Waite** studentaffairs@franklinpierce.edu 603-899-4162

RAVEN ATHLETICS: Softball • Physical Wellness • FPU vs Pace • 12:00noon / 2:00pm • In-Person • Softball Field • Athletics Department

Podcast: And Everything In Between by Victoria. Ep. 14. Affirmations to Recenter and Boost Inner Confidence

• Intellectual and Vocational Alignment
• <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • **7:00pm • Online • Spotify** • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

MON. MAR. 31

Festivals at Raven Nation (FERN) Series: Eid al-Fitr/ Eid Mubarak • Spiritual Development • Festivals at Raven Nation (FeRN) Series is a time for Ravens to come together to learn and celebrate festivals that communities around the world honor together. Let's come together to celebrate Eid al-Fitr / Eid Mubarak • **5:00pm - 7:00pm • In-Person • Spagnulo Hall • Dean of Students Office and Office of Diversity & Inclusion** studentaffairs@franklinpierce.edu

APRIL

April is dedicated to World Autism Month, raising awareness and promoting understanding and acceptance of people with autism. This month also includes diverse religious and cultural celebrations, highlighting the rich tapestry of global traditions.

WED. APR. 2

World Autism Awareness Day. Highlight awareness of autism and the unique strengths, differences, and perspectives of autistic people. To encourage acceptance of autism and to recognize the value of each individual.

OD&I: World Culture Day Celebration (TENTATIVE) • Racial, Restorative, and Social Justice • Campus-wide celebration of different cultures (students/staff/faculty can participate). Food, games, education, dance, music, etc. • **All Day • In-Person • Location TBD • Office of Diversity & Inclusion**

Lunch With Prez • Social-Emotional Wellness • Join President Peter Eden and Dean of Students, Zauyah Waite for lunch and casual conversation. • **11:45am - 12:30pm • In-Person • Dining Hall • President's Office, Contact: Mary O'Friel, Ofrielm@franklinpierce.edu 603-899-4128**

SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • **6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement, Doug Carty cartyd@franklinpierce.edu 603-899-4383**

THU. APR. 3

IMPORTANT DATE: RESIDENCE LIFE - Honors Housing Selection (Rindge Campus • Time TBD • Rindge Campus • Residential Life & Community Standards

FRI. APR. 4

Alcohol Awareness • Physical Wellness • Time TBD • Hybrid • Location TBD • Department, Contact

IMPORTANT DATE: Last Day to Register for Summer/ Fall (Rindge Campus) • Residential Life & Community Standards

IMPORTANT DATE: RESIDENCE LIFE - Rising Senior

Housing Selection (Rindge Campus) • Time TBD • Location TBD • Rindge Campus • Residential Life & Community Standards

SAT. APR. 5

RAVEN ATHLETICS: Baseball • Physical Wellness • FPU's Baseball vs Saint Anselm (DH) • **12:00noon • In-Person • Pappas Field • Athletics Department**

Senior Send-off Red Sox Game • Physical Wellness • The senior class joins for an afternoon game at Fenway Park • **2:00pm - 10:00pm • In-person • Fenway Park Boston • Student Engagement, Doug Carty, cartyd@franklinpierce.edu 603-899-4383**

SUN. APR. 6

ADMISSIONS: Accepted Student & Discovery Day • 10:00am - 2:00pm • In-Person • Rindge Campus • Admissions

RAVEN ATHLETICS: Softball • Physical Wellness • FPU's Softball vs Southern New Hampshire University • **12:00noon / 2:00pm • In-Person • Softball Field • Athletics Department**

Podcast: And Everything In Between by Victoria.

Ep. 15. Q1 Review: Being Your Own Boss. • Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • **7:00pm • Online • Spotify** • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

SUN. APR. 6 - MON. APR. 7

ADMISSIONS: Overnight Program • 3:00pm • In-Person • Rindge Campus • Admissions

MON. APR. 7

IMPORTANT DATE: RESIDENCE LIFE - Rising Junior Housing Selection (Rindge Campus) • Time TBD • Online • Rindge Campus • Residential Life & Community Standards

RAVEN ATHLETICS: Baseball • Physical Wellness • FPU's Baseball vs Saint Anselm (DH) • **1:00pm • In-Person • Pappas Field • Athletics Department**

TUE. APR. 8

IMPORTANT DATE: RESIDENCE LIFE - Rising Sophomore Housing Selection (Rindge Campus) • Time TBD • Online • Rindge Campus • Residential Life & Community Standards

RAVEN ATHLETICS: Women's Lacrosse • Physical Wellness • FPU's Women's Lacrosse vs Bentley • **5:00pm • In-Person • Sodexo Field • Athletics Department**

THU. APR. 10

OD&I: Diversity & Inclusion Council Meeting • Racial, Restorative, and Social Justice • Council meets bi-weekly. • **3:00pm - 4:00pm • Hybrid • Marulli Center • Office of Diversity & Inclusion**

FRI. APR. 11

American Red Cross Blood Drive • Physical Wellness • **1:30pm - 5:30pm • In-Person • Spagnuolo • Health Services, Erica Peery, peerye@franklinpierce.edu**

DOS Office Hour Featuring Spring 2025 Desserts with Your Deans - Pies! Pies! Pies! • Social-Emotional Wellness

• Drop by the Granite Lounge to get to know & converse with your Deans, Zauyah Waite & knp. Each DOS Office Hour will feature desserts from local bakeries or FPU bakers. We want to get to know you and hear how FPU is serving you and what we may be able to do to exceed your expectations. • **2:00pm • In-Person • Granite Lounge - Front Entrance • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162**

SAT. APR. 12

Jehovah's Witnesses: The Memorial of Jesus' Death

• Spiritual Development • Commemorates the death of Jesus Christ.

ADMISSIONS: Visit Day • 10:00am - 2:00pm • In-Person • Rindge Campus • Admissions

RAVEN ATHLETICS: Baseball • Physical Wellness • FPU's Baseball vs Holy Family • 2:00pm / 4:00pm • In-Person • Softball Field • Athletics Department

SUN. APR. 13 - SUN. APR. 20

Judaism: Passover • Spiritual Development • Celebrates the liberation of the Israelites from Egyptian slavery.

3Rs - Roving 'Round Rindge Series: Sunday Brunch at Hometown Diner • Social-Emotional Wellness • Join our Dean of Students Office staff for their monthly installment of the 3Rs Series, where they take FPU students to activities around Rindge and surrounding areas. The Hometown Diner is an original 1947 Silk City vintage diner, serving delicious one-of-a-kind, home style cooking. RSVP required, email studentaffairs@franklinpierce.edu • 9:30am - 11:00am • In-Person • Pick-up & Drop-off: Peterson Manor Parking Lot Location: Hometown Diner, 1417 NH-119, Rindge, NH • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

Podcast: And Everything In Between by Victoria.

Ep. 16. Dealing with Grief in Your 20s • Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

MON. APR. 14

Sikh, Hindu: Vaisakhi. Marks the Sikh New Year and celebrates the spring harvest.

IMPORTANT DATE: Academic Showcase 2025 (Rindge Campus) • Classes at Rindge suspended for the day

RAVEN ATHLETICS: Men's Lacrosse • Physical Wellness • FPU's Men's Lacrosse St. Michael's • Time TBD • In-Person • Sodexo Field • Athletics Department

TUE. APR. 15

COUNSELING: Creative Corner - Grab and Go/Stay and Play: Horticulture • Social-Emotional Wellness • 10:30am - 11:30pm • In-Person • Rindge Campus • Counseling, Nicole Newell newelln@franklinpierce.edu, Molly Hoekman hoekmanm@franklinpierce.edu

WED. APR. 16

Pop-up DOS OFFICE - DIY Candy Jar • Social-Emotional Wellness • Enjoy craft items you do yourself. Feel good about creating an art piece that you can use for yourself, gift to love ones, decorate your room or other living spaces. • 4:00pm - 6:00pm • In-Person • Pioneer Lounge • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

SGA Banquet • Social-Emotional Wellness • Annual SGA banquet, turnover of executive board. • 6:30pm - 7:30pm • In-Person • Lakeside Education Center • Student Engagement, Doug Carty cartyd@franklinpierce.edu 603-899-4383

THU. APR. 17

OD&I A.L.A.NA Banquet/Stoles • Racial, Restorative, and Social Justice • 6:30pm - 7:30pm • In-Person • Lakeside Education Center • Office of Diversity & Inclusion

FRI. APR. 18

RAVEN ATHLETICS: Baseball • Physical Wellness • FPU's Baseball vs Assumption (DH) • 12:00noon • In-Person • Pappas Field • Athletics Department

RAVEN ATHLETICS: Softball • Physical Wellness • FPU's Softball vs Bentley • 3:00pm / 5:00pm • In-Person • Softball Field • Athletics Department

SAT. APR. 19

RAVEN ATHLETICS: Men's Lacrosse • Physical Wellness • St. Michael's • Time TBD • In-Person • Sodexo Field • Athletics Department

RAVEN ATHLETICS: Softball • Physical Wellness • FPU's Softball vs Assumption • 12:00noon / 2:00pm • In-Person • Softball Field • Athletics Department

RAVEN ATHLETICS: Baseball • Physical Wellness • FPU's Baseball vs Assumption • 1:00pm • In-Person • Pappas Field • Athletics Department

SUN. APR. 20

Christianity: Easter • Spiritual Development • Celebrates the resurrection of Jesus Christ.

Podcast: And Everything In Between by Victoria.

Ep. 17. Fitness and Health • Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

MON. APR. 21

COUNSELING: Creative Corner - Grab and Go/Stay and Play: Coloring and... • Social-Emotional Wellness • 2:30pm - 3:30pm • In-Person • Rindge Campus • Counseling, Nicole Newell newelln@franklinpierce.edu, Molly Hoekman hoekmanm@franklinpierce.edu

WED. APR. 23

RAVEN ATHLETICS: Women's Lacrosse • Physical Wellness • FPU's Women's Lacrosse vs Assumption • 3:00pm • In-Person • Sodexo Field • Athletics Department

RAVEN ATHLETICS: Baseball • Physical Wellness • FPU's Baseball vs St. Michael's (Doubleheader) • 3:00pm • In-Person • Pappas Field • Athletics Department

RAVEN ATHLETICS: Baseball • Physical Wellness • FPU's Baseball vs St. Michael's • 4:00pm • In-Person • Pappas Field • Athletics Department

SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • 6:30pm - 7:30pm • In-Person • Marcucella 102^a • Student Engagement, Doug Carty cartyd@franklinpierce.edu 603-899-4383

OD&I: Diversity & Inclusion Council Meeting • Racial, Restorative, and Social Justice • Council meets bi-weekly. • 3:00pm - 4:00pm • Hybrid • Marulli Center • Office of Diversity & Inclusion

THU. APR. 24

Thursday Trivia With FPU Academic Centers Featuring Name That Candy • Social-Emotional Wellness • Zoom in and enjoy trivia hosted by your Dean of Students. Have fun and win great prizes. Zoom Meeting ID: 419 3097207 PW: DOS • 8:00pm • Online • Remote • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

SAT. APR. 26

RAVEN ATHLETICS: Baseball • Physical Wellness • American International College (DH) • 12:00noon • In-Person • Pappas Field • Athletics Department

SUN. APR. 27 - MON. APR. 28

OD&I: Diversity Overnight Program: Ravens Rise Up Overnight Program - First Day • Racial, Restorative, and Social Justice • Time TBD • In-Person • Location TBD

SUN. APR. 27

ADMISSIONS: Accepted Students & Discovery Day • Enrolling students meet with faculty for course advising a fall semester registration. • In-Person • Rindge Campus • Admissions

Podcast: And Everything In Between by Victoria.

Ep.18. 25 Things I Wish I Knew Before I Turned 25 • Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

WED. APR. 30

SGA Weekly Meeting • Social-Emotional Wellness • Student Government Weekly Forum • 6:30pm - 7:30pm • In-Person • Marcucella 102 • Student Engagement, Doug Carty cartyd@franklinpierce.edu 603-899-4383
Denim Day and Self-Defense Workshop. Through Residential Life and Elements MMA • Time TBD • In-Person • All campus locations • Cassidy Peters peters@franklinpierce.edu, Stefanie Worcester worcesters@franklinpierce.edu

MAY

May is Mental Health Awareness Month, a time to promote mental well-being and reduce the stigma surrounding mental health issues. This month also includes events that recognize diverse cultural, religious, and social contributions to our global community.

THU. MAY 1

Lavender Graduation • Racial, Restorative, and Social Justice • A cultural celebration that recognizes lesbian, gay, bisexual, transgender, queer, asexual and 2 spirit (LGBTQIA2S+) graduating students of all races and ethnicities and acknowledges achievements and contributions to the university. • 5:30pm - 7:00pm • Hybrid • Lakeside or Spag? • Counseling and DEI, Kalyn DaSilva dasilvak@franklinpierce.edu 603-899-1029

FRI. MAY 2

IMPORTANT DATE: Classes End • Intellectual and Vocational Alignment • Last day of classes at the Rindge Campus

IMPORTANT DATE: Honors Graduation (Rindge Campus) • In-Person • Rindge Campus

SENIOR DAY: Senior Class Boat Cruise • Social-Emotional Wellness • Cruise in Boston Harbor • 4:00pm - 1:00am • In-Person • Boston Harbor • Student Engagement, Doug Carty, cartyd@franklinpierce.edu 603-899

SAT. MAY 3 - SUN. MAY 4

IMPORTANT DATE: Reading Day (Rindge Campus)

SAT. MAY 3

ADMISSIONS: Visit Day • 10:00am - 2:00pm • In-Person • Rindge Campus • Admissions

SUN. MAY

Podcast: And Everything In Between by Victoria. Ep. 19. Do I Want This Job? • Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

MON. MAY 5 - THU. MAY 8

IMPORTANT DATES: Final Examinations (Rindge Campus)

MON. MAY 5

National Day for Awareness of Missing and Murdered Indigenous Women and Girls. Raises awareness of violence against Indigenous women and girls.
Hand Hygiene Day • Physical Wellness • All Day • Hybrid • All • Health Services, Erica Peery peery@franklinpierce.edu
RECREATION: The Bubble After Hours • Physical Wellness • The Bubble will be open late to offer a stress relief/study break for students. • 10:00pm - 1:00am • In-Person • Rindge Campus-The Bubble • Recreation, Laura Harding, hardingl@franklinpierce.edu x4151

TUE. MAY 6

RECREATION: The Bubble After Hours • Physical Wellness • The Bubble will be open late to offer a stress relief/study break for students. •

10:00pm - 1:00am • In-Person • Rindge Campus-The Bubble • Recreation, Laura Harding, hardingl@franklinpierce.edu x4151

WED. MAY 7

SENIOR DAY: Ravens Ale Amble • Physical Wellness • Beer run on campus trails. Pint glasses to participants • Time TBD • In-Person • Rindge Campus • Student Engagement

Lunch With Prez • Social-Emotional Wellness • Join President Peter Eden and Dean of Students, Zauyah Waite for lunch and casual conversation. • 11:45am - 12:30pm • In-Person • Dining Hall • President's Office, Contact: Mary O'Friel, Ofrielm@franklinpierce.edu 603-899-4128

RECREATION: The Bubble After Hours • Physical Wellness • The Bubble will be open late to offer a stress relief/study break for students • 10:00pm - 1:00am • In-Person • Rindge Campus-The Bubble • Recreation, Laura Harding, hardingl@franklinpierce.edu x4151

THU. MAY 8

SENIOR DAY: Senior Sunrise Hike of Mount Monadnock • Social-Emotional Wellness • Last chance for current Ravens to hike Monadnock before commencement. • 3:00am - 10:00am • In-Person • Monadnock State Park • Student Engagement

IMPORTANT DATE: Residence Halls Close at 8 pm - Underclass Students: FYs, Sophomores, and Juniors • Environmental Impact • It's time to fly the nest! Be sure you clean your room, return your key, and travel safely! Thank you for a great year, Ravens. • 8:00pm • In-Person • Rindge Campus

FRI. MAY 9

SENIOR DAY: Senior Send-off Activity • Social-Emotional Wellness • Time TBD • In-Person • Rindge Campus • Student Engagement

SAT. MAY 10 - MON. MAY 12

IMPORTANT DATE: FPU Senior Graduates Move-Out (Rindge Campus) • Residential Life staff will be available during this time to collect keys and conduct room walkthroughs to check for any damages. Please note that no social events are permitted on FPU property after Commencement. Let's wrap up the semester smoothly and responsibly! Key return will be available at Lakeview and CAs / RDs will be available to assess your apartment with you. • Post Commencement - 8:00pm • In-Person • Rindge Campus • The Office of Residential Life

SAT. MAY 10

IMPORTANT DATE: FPU Commencement (Rindge Campus)

SUN. MAY 11

Podcast: And Everything In Between by Victoria. Ep. 20. Being Selfish: To Be Or Not To Be • Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKIR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

MON. MAY 12

Buddhism: Vesak (Buddha Day) • Spiritual Development • Celebrates the birth, enlightenment, and death of Buddha.

THU. MAY 15

Global Accessibility Awareness Day • Promotes digital accessibility and inclusion for people with disabilities.

OD&I: Diversity & Inclusion Council Retreat • Racial Restorative and Social Justice • 9:00am - 12:00pm • Hybrid • Lakeside • Diversity & Inclusion Office

SAT. MAY 17

LGBTQ+: International Day Against Homophobia, Transphobia, and Biphobia • Raises awareness of the violence and discrimination experienced by lesbian, gay, bisexual, trans, intersex people, and all of those with diverse sexual orientations, gender identities or expressions, and sex characteristics.

Veterans: Armed Forces Day • Honors the men and women who serve in the military.

SUN. MAY 18

Podcast: And Everything In Between by Victoria.

Ep. 21. How Do I Spend Time Alone • Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKlR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

THU. MAY 22

Thursday Trivia with FPU Academic Centers Featuring FPU Word Scramble • Social-Emotional Wellness • Zoom in and enjoy trivia hosted by your Dean of Students. Have fun and win great prizes! Zoom Meeting ID: 419 3097207 PW: DOS • 8:00pm • Online • Zoom • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

SUN. MAY 25

Podcast: And Everything In Between by Victoria. Ep. 22. I Release Anything That Is No Longer Serving Me

• Intellectual and Vocational Alignment • <https://open.spotify.com/show/1vppnOE51rKlR8fj22666T> • 7:00pm • Online • Spotify • Dean of Students Office, Dean Waite studentaffairs@franklinpierce.edu 603-899-4162

MON. MAY 26

IMPORTANT DATE: Memorial Day (Rindge Campus & Academic Ctrs.)

WED. MAY 28

The Bahá'í Faith: Ascension of Baha'u'llah* • Spiritual Development • Commemorates the passing of the founder of the Baha'i Faith.

LUNCH with PREZ

Join President Peter Eden and Dean of Students Zauyah Waite in the Dining Hall for lunch and casual conversation.

Wed. Feb. 5 • 11:45am - 12:30pm

Wed. Mar. 5 • 11:45am - 12:30pm

Wed. Apr. 2 • 11:45am - 12:30pm

Wed. May 7 • 11:45am - 12:30pm

Brought to you by the President's Office

Contact: Mary O'Friel, Ofrielm@franklinpierce.edu
603-899-4128



HELLO Winter HELLO
New Intramural Session

 **BASKETBALL**
M/W 7-10PM
*BEGINS 1/29

 **PICKLEBALL**
T/TH 7-10PM
*BEGINS 1/30

 **CORNHOLE**
T/TH 7-10PM
*BEGINS 1/30

SCAN TO SIGN UP TODAY! 

 RAVEN RECREATION



Join our Dean of Students Office staff for their monthly installment of Roving 'Round Rindge, 3Rs, Series, where they take FPU students to activities 'round Rindge and its surrounding areas.

All events require reservations at studetaffairs@franklinpierce.edu

Transportation provided.

Pick-up/Drop-off at Peterson Manor Parking Lot

22nd Annual Keene Ice & Snow Festival



Sat. Feb. 1
12:30 - 4:30 pm

Magic Wings
Butterfly Conservatory & Gardens



Sat. Feb. 1
12:30 - 4:30 pm

VAN GOGH
The Immersive Experience



Sun. Mar. 30
12:30 - 4:30 pm

SUNDAY BRUNCH
at **Hometown DINER**



Sun. Apr. 13
9:30 - 11:00 am

FERN

SERIES

FESTIVALS AT RAVEN NATION

A time for Ravens to come together to learn about festivals that communities around the world honor and celebrate together

Lunar New Year

Tuesday, February 11
5:30 - 7:30pm · Spagnulo Hall

Lantern Festival

Tuesday, February 11
5:30 - 7:30pm · Spagnulo Hall

Ramadan

Friday, February 28
5:00 - 8:30pm · Marulli Center

Holi

Thursday, March 13
1:00pm · Peterson Manor Lawn

**Eid al-Fitr/
Eid Mubarak**

Monday, March 31
5:00 - 7:00pm · Spagnulo Hall

Spring 2025

Desserts with your Deans

Drop by the Granite Lounge to get to know & converse with your Deans, Zauyah Waite & knp.

THU. JAN. 23

Donuts from Gourmet Donuts

4:00pm

TUE. FEB. 25

Cupcakes from eatmorecake_nh

12:00pm

MON. MAR. 3

CAKE POP

12:00pm

FRI. APR. 11

Fruit Pies by becky_the_fpu_baker

2:00pm

POP UP DOS OFFICE

Enjoy craft items you make yourself. Feel good about creating an art piece that you can use for yourself, gift to love ones, decorate your space.

DIY Fleece Blanket
Fri. Jan. 24
2PM - 4PM
Pioneer Lounge

DIY Lucky Bamboo
Tue. Feb. 25
4PM - 6PM
Pioneer Lounge

DIY Cactus Bowl
Mon. Mar. 24
4PM - 6PM
Pioneer Lounge

DIY Candy Jar
Thu. Apr. 16
4PM - 6PM
Pioneer Lounge

FOLLOW US ON INSTAGRAM

RAVENGAGE

WEEKLY NEWS AND HAPPENINGS FOR RAVENNATION



PODCAST

And Everything in Between

VICTORIA LIVERPOOL

Tune in to **And Everything in Between** every Sunday at 7 pm on Spotify . Victoria will be your host and guide for navigating the beautiful chaos of your 20s. Whether you're building your dream career, figuring out relationships, or just trying to find you, this is your space for self-growth, real talk, and a little fun along the way. This podcast is all about exploring the things that make your 20s a bit overwhelming and yet so exciting like relationships (both romantic and familial), building routines that stick, and finding meaning in the spiritual and everyday. Let's dive into it and everything in between.

| | | | |
|-------------|--|----------|---|
| January 19 | Episode 4. Imposter Syndrome | March 30 | Episode 14. Affirmations to recenter and boost inner confidence |
| January 26 | Episode 5. Embracing Uncertainty in your 20s | April 6 | Episode 15. Q1 Review: Being Your Own Boss |
| February 2 | Episode 6. You are an Artist | April 13 | Episode 16. Dealing with Grief in Your 20s |
| February 9 | Episode 7. Wellness I'm Into Right Now | April 20 | Episode 17. Fitness and Health |
| February 16 | Episode 8. Love Languages | April 27 | Episode 18. 25 things I wish I knew before I turned 25 |
| February 23 | Episode 9. Side Hustles and Passions | May 4 | Episode 19. Do I want this job? |
| March 2 | Episode 10. Creating community in your 20s | May 11 | Episode 20. Being Selfish: To Be Or Not To Be |
| March 9 | Episode 11. Morning and Night Routines | May 18 | Episode 21. How Do I Spend Time Alone |
| March 16 | Episode 12. What happens next? Questions for post grad | May 25 | Episode 22. I Release Anything That Is No Longer Serving Me |
| March 23 | Episode 13. The power of saying no | | |

Here are some safety tips for college students:

- Have a plan for dealing with any emergencies.
- Make a pack - friends don't leave friends alone at events
- Avoid walking alone at night.
- Utilize locks and locking devices
- Carry some emergency cash.
- Know your way around campus.
- Avoid becoming inebriated and losing control.
- Be alert and aware of your surroundings.
- Carry defense items with you, such as a whistle or personal alarm.
- Take advantage of campus safety services.
- Report suspicious activity.
- Don't be afraid to firmly say no if something is making you feel uncomfortable.

Remember

- Keep Campus Safety's phone number handy: (603) 899-4210 or x4210.
- Do not hesitate to contact Campus Safety for a SafeRide

Amnesty Policy

As a reminder, to ensure students reach out for help for themselves, friends, or peers, FPU has an established alcohol and other drug medical amnesty policy. Medical amnesty aims to create a community in which students are willing and expected to seek help for others in need and not worry or be concerned about any stigma or possible community standards violations and accountability measures they may face. Your safety is our top priority.



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UNIVERSITY